

WHAT THEY'RE SAYING

ABOUT "BEFORE YOU RUN"

TORONTO

Wonderful presentation! Age-appropriate information, interesting and effective. This presentation brings greater social awareness and understanding, which is valued tremendously! [Teacher, Bishop Allen Academy](#)

The Girls Club at our school was deeply affected by this presentation. They were inspired to educate our community, and to raise money for Covenant House through a cupcake sale. [Teacher, Bowmore Road PS](#)

Our students found the presentation to be very informative and it challenged their misconceptions. [Teacher, Branksome Hall](#)

Very informative...addressed the social/cultural risk factors that some of our students are facing. It is great to know that there is support out there. [Teacher, Brookview MS](#)

Presentations like these are genuine, meaningful and of extreme importance because of their unfortunate relevant material. [Teacher, Brookview MS](#)

The presentation was excellent. [Teacher, Canadian Martyrs CES](#)

This is my second time booking this presentation and I plan to book it every semester, as long as I'm working with children and youth. The information was great! [Child & Youth Worker, CAP Bridges Attendance Alternative](#)

Thorough, engaging and interactive...Presented in a manner that the students could relate to and understand, thus making the presentation especially meaningful for them. [Teacher, Chaminade College School](#)

Amazing! Every single student and teacher was closely listening... They were engaged and impressed...The flow of the presentation went smoothly and had a lot of information for the students. [Guidance Counsellor, Churchill Heights PS](#)

Very engaging presentation – students were well-informed. [Teacher, D'Arcy McGee CES](#)

The presentation was great. Content was very relevant for our students and hopefully helped them see things differently. The section that explained how the neglected child can easily become a target for bullying was an important part for our students. [Teachers, Dovercourt PS](#)

Great stats. Great slideshow. Great video. [Teacher, Dovercourt PS](#)

Interesting and inspiring! It made a huge impact...everyone really felt moved by the presentation. The facilitator had a very easy natural way with kids and it was the perfect tone and content for them...It really changed the way they think about homelessness...This was such a valuable learning experience for our students. [Teacher Librarian & IT, Dr. Eric Jackman Institute of Child Study - OISE, University of Toronto](#)

Fabulous presentation, informative and positively life changing for students. [Guidance Counsellor, Dr. Marion Hilliard SPS](#)

Outstanding, phenomenal...among the most dynamic, engaging & informative our school has ever had. [Principal, Earl Grey SPS](#)

I was BLOWN AWAY by the presentation and the facilitator's delivery. AMAZING!!!! Absolutely the best presentation I have seen in my 5 years as a Guidance Counsellor. [Guidance Counsellor, Earl Grey SPS](#)

Great presentation, our students found it very relevant and useful. [Teacher, East York Alternative HS](#)

The presentation was really good. [Teacher, Edgewood PS](#)

Flexible – Enabled me to book 4 of my schools, accommodating each for appropriate content. BUT what made it SO EXCELLENT was our facilitator: Engaging, dramatic, efficient, well-versed and knowledgeable. [Guidance Counsellor, Fairbank PS](#)

Our class has been focusing heavily on Character Education this year. This presentation has given the class the opportunity to discuss the important of making the right decision – Integrity. Empathy towards others, including the homeless. Lending hands to the community – Teamwork. [Teacher, Fairbank PS](#)

Engaging, current and brought harsh realities out in the open. Very real and thought-provoking presentation. [Teacher, Fairbank PS](#)

Many of our students come from comfortable backgrounds and, as a result, are unaware of the challenges that homeless young people regularly face. This presentation provided an opportunity for them to think about the kind of society that they want to live in - one that takes responsibility for the weak and vulnerable or one that ignores them. [Teacher, Forest Hill CI](#)

Provided necessary information in a way that captured students' attention. This presentation actually had my kids discussing what they learned on their lunch hour. [Teacher, Forest Hill CI](#)

Outstanding. I thought, "I hope my son is getting this at his school!" [Principal, George Peck PS](#)

Great presentation! Kept students engaged. Talked in "real" terms and explained terms. [Teachers, General Brock PS](#)

Absolutely incredible job! Our facilitator had every single person's attention for every second of her presentation. It was fantastic! [Service Learning Coordinator and Apprentice Teacher](#)

Excellent presentation...It truly resonated with students and teachers alike. [Teacher, Holy Redeemer CES](#)

Very worthwhile presentation. [Vice Principal, Humewood Community School](#)

Outstanding presentation. Days later, teachers and students were still talking about how powerful it was. One student said it was the best thing he has seen in Canada. [Teacher, Jesse Ketchum PS](#)

Content was amazing. [Guidance Counsellor, Knob Hill PS](#)

Fantastic. Best presentation I've seen in my entire life. [Teacher, L'Amoreaux CI](#)

I was so impressed by the presentation. Our facilitator did such a great job getting the students engaged and answering their questions. No one was distracted and they all had great things to say about what they learned afterwards. [Teacher, Loretto College School](#)

Covered lots of good information being discussed in Health class. Was a good "eye-opener". [Teacher, Macklin PS](#)

I would highly recommend this presentation to all schools. It is chock-full of information, but presented in a manner that is both engaging and appealing to our intermediate audience. The slide presentation, the engagement of the audience, and the presenter's use of voice kept students interested. [Teacher, Mary Shadd PS](#)

Very practical, interesting and engaging! Thank you Covenant House for adding professional development skills; it's knowledge and attention builds awareness and better CYW practice. Thank you for providing students with the opportunity to explore more about at risk youth. [CYW Instructor, Medix College of Healthcare](#)

Great presentation for our students...Very prepared and well informed. Both staff and students were very engaged during the presentation – the information was relevant and was delivered appropriately to accommodate the varying age levels. Staff commented that it was one the best presentation the school had experienced. [Guidance Counsellor, Milne Valley MS](#)

Engaging, dynamic presentation that educated out students about teen homelessness and also provided our students with the positive message about the importance of acceptance. [Teacher, Morrish PS](#)

Extremely relevant to any elementary school community because the content is current, interesting, and impactful for the young students who are graduating soon to high school. Great learning tool for our students. [Teacher, Neil McNeil CSS](#)

Best presentation I have ever seen in my life. [Student, Newtonbrook SS](#)

Great mix of multimedia and question periods. Students were very engaged. [Teacher, Our Lady of Fatima CES](#)

Great presentation and content. [Teacher, Our Lady of Lourdes CES](#)

I could tell by the behaviour and questions from the students that they were totally engaged and interested in what the facilitator had to say. Feedback from the classroom teachers was extremely positive and we look forward to having this program at our school again. [Teacher, Our Lady of Victory CES](#)

Our facilitator kept the students engaged throughout the entire presentation. For some, the information presented was "an eye-opener"; She made them aware of the realities of our world, the ugliness that exists, and where a safe haven exists, if they need one. Due to the presentation, students want to assist Covenant House so that they can continue to provide education and assistance to young people like themselves. [Teacher, Our Lady of Wisdom CES](#)

Very informative presentation; covered many curriculum topics and hit the nail on the head about bullying. [Teacher, Our Lady of Wisdom CES](#)

OMG, the presentation was SOOOOOO good! Everyone liked it and even continued to talk about it afterwards. This was the best presentation, out of all the presentations for the whole year! [Student, Our Lady of Wisdom CES](#)

Super presentation...lots of positive feedback. The students were really engaged and loved the interactive approach. The visuals and information also hit home and were outstanding. [Guidance Counsellor, Pope Paul VI CES](#)

Wonderful presentation! Really engaging for our students who usually struggle with paying attention to presentations but they were engaged the whole time! Really relevant content too. Amazing! [Guidance Counsellor, RH King Academy](#)

I was incredibly moved by this presentation. It is great to know that there are people out there who still care and who are willing to help those facing hardship. [Student, RH King Academy](#)

Fantastic! That was the best presentation we've ever had at our school. We're so inspired! [Students, RH King Academy](#)

Fantastic, dynamic and relevant presentation with an A+ presenter! [Teacher, SATEC @ W. A. Porter CI](#)

PHENOMENAL! Both the material and the delivery were EXCELLENT! This presentation was much more than youth homelessness; bullying, abuse, drugs, alcohol and more were all covered in an interesting and informative way! I am so glad that we decided to have this presentation for our students. [Guidance Counsellor, Sir Alexander Mackenzie SPS](#)
Very informative and relevant. Very engaging and interactive. [Teacher, St. Agnes CES](#)

This was one of the best presentations our school has had. Our students sat there engaged for the full (combo) presentation - so much so that they didn't even notice they had missed recess! The presentation provided insights into homelessness and left the students thinking. The students came back to class still talking about the material that had been presented to them. [Teacher, St. Augustine CES](#)

Best presentation we've ever had at our school. [Teacher, St. Augustine CES](#)

Extremely educational and empowering. [Teacher, St. Barnabas CES](#)

Relevant, interesting, and informative. Our facilitator did an excellent job in all areas of presentation! [Teacher, St. Barnabas CES](#)

Amazing, engaging, great presentation! Our students really enjoyed it and learned many things. [Teacher, St. Cecilia CES](#)

Awesome presenter who approached each topic with sensitivity. The students were engaged 100% of the time and had a lot to discuss when they returned to class. [Teacher, St. Dorothy CES](#)

Our presenter was able to keep students engaged and talk to them so that they could identify with homeless youth. [Teacher, St. Florence CES](#)

Great presentation...students really enjoyed it. [Teacher, St. Jerome CES](#)

Excellent. Amazing job at touching upon all the issues our young people may face at some point in their lives. [Social Worker St. Jude CES](#)

Excellent, hard-hitting but age-appropriate. [Teacher, St. Lawrence CES](#)

Excellent presentation. My students were attentive and very engaged. Our facilitator presented the information with great sensitivity and respect. [Teacher, St. Louis CES](#)

The presentation was excellent. It is true social justice at work. [Teacher, St. Malachy CES](#)

Excellent. So informative and at the kids' level. [Teacher, St. Maria Goretti CES](#)

Our students were fully attentive. This indicates that the information is appropriate and meaningful. Dead on! [Guidance Counsellor, St. Mary CA](#)

Excellent presentation, excellent speaker, excellent content. Students were very interested and engaged. [Teacher, St. Mary CES](#)

Very informative and engaging presentation. [Teacher, St. Matthew CES](#)

We had both ("Before You Run" and "Reality Check") presentations and I will be booking these workshops every year as they were excellent. [Teacher, St. Monica CES](#)

Very powerful presentation! From the beginning, the students were hooked...Entertaining, impactful and hopefully will leave a lasting impression. [Teachers, St. Thomas More CES](#)

A truly educational presentation... The students and staff were really impressed with our facilitator's dynamic presentation style. The information on youth homelessness and Covenant House programs is essential for our students and their understanding of Toronto and issues that face community members. I would highly recommend this presentation and am grateful to know that youth in our city receive the supportive assistance they require from Covenant House. [Teacher, Terraview-Willowfield PS](#)

We stumbled onto this presentation after my class decided to support a charity as part of their Mental Health Unit. What a find! Our facilitator captured the attention of our 300+ grade 8 student body with her sobering message and electric delivery. I would recommend the presentation for any program! [Teacher, Valley Park MS](#)

One of the best presentations I have seen in a really long time. [Vice-Principal, Warden Avenue PS](#)

Amazing. Although the topics were very mature in nature, our facilitator had the perfect balance of seriousness and humour to keep the students fully engaged for 90 minutes. The topics that she discusses are totally appropriate and needed. [Guidance Counsellor, Zion Heights MS](#)

Incredible presentation...made a huge impact. [Guidance Counsellor, TDSB](#)

YORK

Perfect...Our students were very positive with their feedback. The follow-up was great and allows us to continue the conversations. [Teacher, Alexander Muir PS](#)

Great presentation! [Teacher, Aurora HS](#)

By far, the BEST presentation I have ever seen. [Student, Aurora HS](#)

It was an unbelievable, eye opening experience for both students and adults. The conversation circles that took place following the presentation were enlightening, heart wrenching and powerful. Our facilitator was absolutely amazing! Every single student was engaged for the entire 90 minute presentation. She was real, and spoke to them in a way that they could connect to her. Without knowing our students she seemed to know who she could involve in the scenarios to make the message even more memorable. Thank you to our facilitator, and to Covenant House, for the hope and love you give to our youth! [Teacher, Aurora Heights PS](#)

Not only held students' attention (for a full hour and 50 minutes), but they were actively interested and presented with relevant information. Used videos and pictures that worked very well. [Teacher, Bayview Fairways PS](#)

Engaging, thought-provoking and dynamic...kept the students captivated. [Teacher, Bayview Fairways PS](#)

Speaker's presentation style is so engaging – it keeps the kids focused and interested. The message of the presentation will truly sink in. Amazing! [Teacher, Bayview Fairways PS](#)

Content was extremely relevant and riveting for our students. For most, it's a fictional story – unfortunately, that's not so for all, and this is why it's SO important to increase awareness. [Teacher, Blue Willow PS](#)

This presentation did a great job of supporting the discussions we have been having with our students and provided real world context for them. [Teacher, Blue Willow PS](#)

Outstanding, amazing, engaging speaker, really engaged the students and kept their attention! [Teachers, Bogart PS – ACCESS](#)

Best presentation I have ever seen! [Student, Bogart PS – ACCESS](#)

Presentation did a great job supplementing the discussions we have been having with our students & provided real world context for them. [Teacher, Blue Willow PS](#)

Many of our students shared that this was one of the best presentations of the year. It opened up many conversations about what they learned, and was a real eye-opener to many of our students. We the staff couldn't express how thankful we are for Covenant House sharing their knowledge with us. [Child & Youth Worker, EJ Sand PS](#)

This was the best presentation I have ever seen...It was interactive and alive and I would willingly watch it again. [Student, Father Michael McGivney Catholic Academy](#)

Great! Extremely professional and exceptional public speaker...if we don't talk, we can't help. [Teacher, Father Michael McGivney Catholic Academy](#)

Amazing presentation. Valuable information for students. Speaker was very engaging. Age appropriate presentation. [Teacher, Holy Cross Catholic Academy](#)

Great overall presentation: informative, engaging, animated, passionate. Please continue these presentations because a lot of our kids are suffering in silence. They need to know it's okay to come out and seek help; that they are NOT alone. [Teachers, Holy Cross Catholic Academy](#)

My students have been hearing both 'Before You Run' in grade 10 and 'Reality Check' in grade 12 for several years and I think it is a fantastic way to bookend their high school experience. The material is relevant and extremely informative. [Chaplain, Jean Vanier CHS](#)

Excellent program for our students – Many are not aware of these issues because they live in the GTA where these issues are more hidden. These students need to hear this message because they experience a lot of bullying and difficult home situations. [Teacher, Jean Vanier CHS](#)

Fantastic presentation...Shows the kids what is really out there on the street...Also shows them options. [Teacher, Jean Vanier CHS](#)
After our presentation, we had so much positive feedback from teachers, parents and students. [Child & Youth Worker, Jersey PS](#)

Students said the presentation was a real eye-opener, it made them think about things that they have not thought about before. Students liked that the information was realistic and not sugar coated for their age group. The presentation was engaging, inspiring, and genuine. [Teacher, Keswick HS](#)

Fantastic presentation...Students that saw "Before You Run" two years ago remember exact examples and stories our facilitator told. This tells us she has a huge impact on our students!! [Child & Youth Worker, Lakeside PS](#)

Very effective and very relevant to our curriculum. Students were riveted and certainly seemed to be taking all the information in. Hopefully those kids who really need to leave an abusive home will take advantage of Covenant House, and those who have a loving home will think twice before running away. [Teachers, Lakeside PS](#)

Great presentation. Students benefit from the information given. For them to realize what can happen; they often make "jokes" or "comments" in regards to these topics, but might never have before realized the reality of the situation. [Teacher, Lakeside PS](#)

Awesome. Very informative and educational. Unfortunately, I think this hits home for many of our students and it gives them a chance to possibly find out some answers and options. [Teacher, Lakeside PS](#)

OUTSTANDING! The student feedback has been incredible. [Teacher, Lincoln Alexander PS](#)

Students thoroughly enjoyed this presentation. It provoked a lot of thinking and meaningful conversations. [Teacher, Maple Leaf PS](#)

Our facilitator gave an excellent presentation and spoke passionately...Our students loved it; they were completely engaged and benefited greatly from the presentation. We would love to have this program back again. We had some great discussions the next day, based on the presentations. [Teachers, Markville SS](#)

We have had Covenant House out for several years running now to present to our grade 7 and 8 students. We alternate "Before You Run" and "Reality Check" yearly and the presentation is always relevant and it always generates important discussions amongst our students. Our facilitator does a fantastic job presenting some tough and hard hitting material in an engaging fashion that grabs the students' attention and holds it. She has them completely engaged for the entire length of the presentation. I highly recommend this presentation. [Child & Youth Worker, Morning Glory PS](#)

Amazing presentation...Teachers and students are still raving about it! [Teacher, Our Lady of Grace CES](#)

Our students and teachers absolutely loved it!! It was so informative and very much an eye-opener for some of our students! [Teacher, Our Lady of Grace CES](#)

Age-appropriate and thought-provoking facts, scenarios and possible solutions. VERY GLAD WE BOOKED THIS! [Teacher, Park Avenue PS](#)

FANTASTIC! [Student Teacher, Park Avenue PS](#)

Riveting presentation...I was deeply impressed with the quality, content and delivery...This presentation is informative and helpful for kids. [Vice-Principal, Phoebe Gilman PS](#)

The presentation is amazing! [Teacher, Prince of Peace CES](#)

Fantastic presentation! Very informative and our facilitator captivated and related to the students so well. [Teacher, Prince of Peace CES](#)

The information shared was so appropriate for all youth to hear - a mixture of humour, reality, dispelling many stereotypes, scared straight facts - combined with inspiration to lead by example, pay it forward and to be a hero in your life was a beautiful balance of knowledge and direction for our students. [Principal, Ramer Wood PS](#)

Awesome presentation, full of information students need. Our facilitator was extremely dynamic AND knowledgeable. The kids were mesmerized! [Teachers, Ramer Wood PS](#)

Awesome! Outstanding, amazing, engaging, life-altering presentation...So much important information. [Teachers, Richmond Rose PS](#)

Amazing!! The presentation was incredible and extremely informative. The staff and students both learned quite a bit from what they heard. Reflections written by the students the following day were powerful, enlightening and emphasized the impact our presenter had on the students. [Teacher, Sir John A. MacDonald PS](#)

The presentation was amazing and sparked much dialogue and realization among students, staff and parents. [Teacher, Sir Richard W. Scott CES](#)

Always fantastic! Powerful, engaging presentation that dispels myths about the homeless and details how one can be put out on the streets. [Teacher, Sir William Mulock SS](#)

Large impact on students who are still unaware of all the horrible, yet realistic, situations that occur in our society. [Teacher, St. David CES](#)

Appreciate the excellent service that Covenant House provides...Students should seek solutions prior to leaving home. [Teacher, St. David CES](#)

An eye-opening presentation that allowed for further discussion well after the presentation was over. [Teacher, St. Elizabeth CHS](#)

An excellent program for students to increase their knowledge about homelessness and mental health issues. It gets conversations started that might otherwise not happen. [Teacher, St. Elizabeth Seton CES](#)

Excellent presentation and an amazing speaker. It was heart-felt, intelligent, poetic and relatable. Students were interested and engaged the entire presentation. [Teacher, St. Elizabeth Seton CES](#)

Very good at opening students' eyes to think about the choices they make throughout their lives and how they can make an impact on their futures. Clearly relevant and relatable for students, as they were engaged throughout and participating. [Teachers, St. Elizabeth Seton CES](#)

Truly excellent. Very educational and engaging. Very beneficial for all intermediate and senior grade level students. [Teacher, St. Jean de Brebeuf CHS](#)

Drug awareness aspect of presentation was very important to deglamourize drugs for our students who are influenced by peers to try drugs. [Chaplain, St. Joan of Arc CHS](#)

Fantastic presentation. The presenter was engaging & spoke on the student's level keeping them interested the entire time. Full of useful information for students to know and for students to remember to help peers if needed. [Teacher, St. Justin, Martyr CES](#)

Fantastic! Not only informative, but on the same level with the students in terms of using language and examples that related to their age group and experiences. Students were really engaged throughout. [Teacher, St. Justin, Martyr CES](#)

Awesome presentation! Honest truth that our youth need to know! [Teacher, St. Justin, Martyr CES](#)

Our facilitator was incredible and truly able to capture the attention of our students. The presentation was informative, educational and passionate. Our facilitator spoke about current issues which affect many of our students in a way that challenged them to think about decision making, consequences, stigma and mental health. The educational piece regarding drugs and alcohol was extremely relevant. The kids loved it and spoke about the presentation for several days afterwards! [Child & Youth Worker, St. Luke Catholic Learning Centre East](#)

The kids are still talking about how interesting the presentation was. They really enjoyed it. Though our demographics don't illustrate any threat (risks leading to youth homelessness), I do believe students have a social responsibility to their community. Information to encourage their responsibility is appreciated. [Teacher, St. Mark CES](#)

Amazing, powerful and engaging presentation. Excellent delivery. Students were always engaged. Content is appropriate. Power through education! [Teachers, St. Matthew CES](#)

Wonderful, powerful presentation. [Teacher, St. Robert CHS](#)

Always a great, engaging presentation enjoyed by all students! [Teacher, St. Robert CHS](#)

The presentation was outstanding. [Guidance Counsellor, St. Robert CHS](#)

Amazing...direct, forward and honest. This program is excellent, a must-see. [Teacher, St. Theresa of Lisieux CHS](#)

This presentation deals with ALL the major issues our students tell us are important to them (like violence, drugs, bullying, homophobia). [Teacher, St. Theresa of Lisieux CHS](#)

Amazing! You could hear a pin drop! So powerful. [Teacher, St. Theresa of Lisieux CHS](#)

Outstanding presentation! [Teacher, St. Vincent de Paul CES](#)

Students were very engaged and presentation led to additional discussion in classroom. [Teacher, St. Vincent de Paul CES](#)

Thank you for taking the time to come in and address the truths behind leaving home. The resources available to our youth are incredible, thank you Covenant House for all the work you do. [Teacher, Stouffville DSS](#)

The presentation kept the kids engaged with a quick pace and realistic visuals. I was really glad that they were exposed to the risks involved in certain behaviours so they can make informed decisions. [Teacher, Stuart Scott PS](#)

Fantastic! Articulate and engaging presentation. My students and I learned a great deal. [Teacher, Thornhill PS](#)

Dynamic and contributes to students' overall understanding of the risks associated with substance use. The presentation is current and relatable to student life. I highly recommend booking Covenant House to come and speak with your classes. [Teacher, Thornlea SS](#)

Loved it! Engaging, moving and informative. [Teacher and Students, Thornlea SS](#)

Fantastic! The students were very engaged and the feedback from the intermediate teachers was very positive. [Teacher, William Berczy PS](#)

DURHAM

An excellent learning experience...Our students loved this presentation. [Teacher, Ajax HS](#)

Informative as well as entertaining, so intriguing and powerful. I gained a lot of information that I still remember and will probably remember for years down the road. [Student, Ajax HS](#)

Loved it! I think any student would benefit from watching it. [Student, Ajax HS](#)

Made such an impact on everyone watching. Really left me thinking that I wished that more people could have seen it. [Student, Ajax HS](#)

Our facilitator was able to really connect with the audience because she got students involved, provided statistics relevant to teens and used humour where appropriate. [Vice-Principal, All Saints CSS](#)

Our facilitator was able to engage and challenge 400 students in a gym environment, and still made it personal and real. [Principal, All Saints CSS](#)

Fabulous, well-delivered, effective presentation given with passion and enthusiasm...I was completely moved and feel the information was interesting, knowledgeable and effectively appropriate for the age group. [Student Teacher, Applecroft PS](#)

The students were engaged and had many connections they could make to their lives. [Educational Assistant, Beaverton PS](#)

Very informative and engaging. [Teacher, Archbishop Denis O'Connor CHS](#)

Connected to the students, held their interest and gave them real facts and support. [Teacher, Athabasca PS](#)

Both teachers and students agreed: This was an excellent, worthwhile and informative presentation. [Principal, Brother Andre CES](#)

One of the best presentations I have ever seen! [Student, daVinci PS](#)

Riveting and extremely authentic. Could be the most important presentation some of our students ever see. [Teacher, Eastdale CVI](#)

Highly engaging/relevant presentation...should be MANDATORY for grades 9 & 10 students...Highly recommend this presentation...Students need to know what help is available. [Teachers, Eastdale CVI](#)

I would highly recommend this presentation as we have many "hidden homeless" in our school and I would guess that other secondary schools do too. Students need to know what help is available before or after they leave. Providing a realistic picture of life on the street is beneficial too. [Guidance Counsellor, Eastdale CVI](#)

Students listened to every word our facilitator said...It let them know that their problems are NOT unique. It helped them see a way out!! They need these examples - They need to know that others have made it. [Teacher, Father Donald McLellan CSS - Learning to 18](#)

Our facilitator is a great lecturer. I have seen her before at a few other high schools that I have worked at. She has a certain charisma in drawing in teens who are otherwise often very hard to hook; this is because of her knowledge, passion and method of delivery. [Teacher, Father Donald McLellan CSS - Reconnect](#)

Informative, down-to-earth facilitator who engaged youth; great ability to bring the issue to life and let students know where help can be sought. [Teacher, Father Donald McLellan CSS – Return Ticket](#)

Incredible...Our students were engaged and the content was perfectly delivered. We will definitely be booking more presentations in the future. [Teacher, Glengrove PS](#)

This presentation was the best I have seen in the past 25 years of teaching! [Head of Guidance, J. Clarke Richardson Collegiate](#)

A great, thought-provoking presentation. [Teacher, Lakeside PS](#)

Our students benefited from this excellent presentation. [Vice-Principal, Lester B. Pearson PS](#)

Amazing...the most powerful presentation I've seen for students in my 12 years of teaching...Students took some really important messages from it. [Teacher, Lincoln Alexander PS](#)

This presentation is the highlight of the course for many of our students and they look forward to it (through word of mouth from previous students). They also actually put down their cell phones! [Teacher, Maxwell Heights SS](#)

Our facilitator's natural rapport with the students was amazing! They were very engaged the entire time. [Teacher, Robert Munsch PS](#)

Great presentation that addresses major issues students are faced with. It also gives specific examples that students can relate to. The presentation gives students all the facts that they might turn a blind eye to. [Teacher, R. S. McLaughlin CVI](#)

Great presentation! We had Grade 9's and 11's in for the presentation and material was relevant to both! Informative and contextual. [Teacher, R. S. McLaughlin CVI](#)

Authentic, engaging, and so mesmerizing that students do not even think about going out for recess or to the bathroom. Speaks about real issues in real language that kids will understand. Sensitive material is delivered in the most relevant, accessible and approachable way...They get the message loud and clear. Respectfully guides students towards resources or strategies to use, rather than telling them what they should do to solve problems - helps kids advocate for themselves, which is crucial. [Teacher, Roland Michener PS](#)

Fantastic presentation! The presentation was real, relevant and informative. The information was age appropriate, thought provoking and at a level that the students could understand. I will absolutely book this presentation again. [Teacher, Roland Michener PS](#)

Great! Loved it...Expanded my knowledge. So thankful that Covenant House came to my school. [Student, Roland Michener PS](#)

Our facilitator has a way of connecting with young people. She is not non-judgmental, honest and she treats each student in the class with respect. The students respond, listen and believe her. [Teacher, Sinclair SS](#)

The presentation was awesome and very informative. The kids really need to hear this. It inspires them to make good changes. [Teacher, St. James CES](#)

"Before You Run" fit the Health and Religion curriculum in our school and is so important to address issues affecting not only street kids, but the other students in our school. Many of the topics were relatable. [Teacher, St. James CES](#)

Very engaging...It was important information for our students to hear. [Teachers, St. Joseph CES](#)

I want to be a role model for other children. I want to inspire people. [Student, St. Joseph CES](#)

When we heard we were going to an assembly, our first thoughts were about how boring this lecture was going to be. We couldn't have been more wrong. This was one assembly that we were happy to stay for. [Students, St. Mary CSS](#)

An amazing presentation! [Educational Assistant, Terry Fox PS](#)

Best presentation EVER! [Student, Valley Farm PS](#)

Informative, persuasive, down-to-earth, and connected very well with students. [Teacher, Valley Farm PS](#)

Wow! First time in 17 years I've seen a large group of students maintain their attention/focus for over an hour. Students were captivated and will remember this for a very long time. One of the most VALUABLE presentations I've ever seen! [Teacher, Vincent Massey PS](#)

Every year, students ask if Covenant House will be coming to our school. Older siblings share how wonderful a presentation it is, and this feedback is passed down from year to year. It is something our students look forward to, as part of their Health Program. It is FANTASTIC! [Teacher, Vincent Massey PS](#)

Excellent presentation and speaker. Held the attention of students from beginning to end. [Teacher, Vincent Massey PS](#)

One of the best presentations we've ever had at our school! [Teacher, West Lynde PS](#)

Fabulous presentation! [Teacher, Westcreek PS](#)

PEEL

Our students' response to the presentation was very, very positive. They loved it! Our facilitator was fantastic and the kids really got a lot out of it. [Guidance Counsellor, Alloa PS](#)

Very informative, relatable and valuable. Students were engaged during the entire presentation and were given a 'wake-up call' on youth homelessness in Canada. Also an excellent reminder on bully prevention and effect of bullying. [Teachers, Castlemore PS](#)

Phenomenal...captivating...truly impactful. [Teacher, David Suzuki SS](#)

Before You Run supports the units Grade 8's are doing on being strong leaders and good citizens. [Guidance Counsellor, Dolphin SPS](#)

Awesome presentation that always stirs up many valuable conversations! [Guidance Counsellor, Fallingbrook MS](#)

Very informative...It was a long presentation but well worth it! Our students learned a lot about many different important topics. [Teacher, Glenhaven SPS](#)

Great speaker – really connected with our students – blunt and real. Best one I ever heard – Kids agree! [Teacher, Lisgar MS](#)

Wonderful...The facilitator handled difficult subjects and circumstances sensitively and concretely in an unassuming, practical and approachable manner. [Chaplaincy Leader, St. Edmund Campion CSS](#)

For the first time in my experience you could hear a pin drop when our facilitator shared her expertise with over 300 students! She captivated our audience and taught them so many invaluable lessons about homelessness and youth poverty. Her wisdom and approach in sharing such knowledge really reached our students. Our facilitator represented a positive agent of change and transformation. She touched the students in a way that no one else has been able to. [Teacher, St. Edmund Campion CSS](#)

Your presentation sparked relevant and necessary discussions about running away and homelessness, but more importantly, let them know there was help out there for them. [Teacher, St. Elizabeth Seton CES](#)

Awesome! We get a presentation every year and the kids LOVE it! And so do the teachers! [Teacher, St. Elizabeth Seton CES](#)

Great! It touched upon many issues that young people today face. Having someone from Covenant House who has worked with vulnerable people carries much more weight with the students. [Teacher, St. Francis Xavier CES](#)

Students were engaged during the whole presentation. Lots of info was shared that will help them make well-informed decisions. Slideshow photos helped to enforce the message. [Teacher, St. Julia CES](#)

Great and interesting information. Students were engaged and learned a lot. Good statistics and great stories that got through to the kids. [Teacher, St. Julia CES](#)

AMAZING! Engaging the WHOLE time...Fantastic! [Student, St. Thomas Aquinas CSS](#)

One of the best presentations I have ever seen. [Teacher, St. Thomas Aquinas CSS](#)

Well organized and presented and tailored to suit our needs. [Teacher, The Valleys SPS](#)

The speaker was exceptionally well spoken and knew the material extremely well. All information was relevant. There is no way this presentation could not make a lasting impression on anyone fortunate enough to see it. [Teacher, WG Davis SPS](#)

HALTON

A meaningful presentation that had a great impact on our students. [Teacher, Brookdale PS](#)

Lots of valuable information. [Teacher, W.I. Dick MS](#)

Our presentation was RIVETING. The students listened intently the whole time. I have seen many slideshows and presentations, but this one really hit home for the students. [Teacher, W.I. Dick MS](#)